

# D - I - R - T

An assessment of the past suicide attempt.

**D - Dangerousness** - The greater the dangerousness in the attempt.

**I - Intent** - If s/he honestly believed that s/he would die, then the present risk is higher.

**R - Rescue** - If s/he aided in her/his own rescue in any way, even at the last minute, then the present risk is lower.

**T - Timing** - The more recent the attempt, the higher the current risk.\*

\* Any unexplainable deviation from an ingrained behavioral pattern or sudden unexplainable recovery from a severe depression.