

## PARENT TIPS FOR PREVENTING PROBLEMS

Sheldon Braaten

### Do's

Be a good example  
Be alert  
Be appreciative  
Be benevolent  
Be calm  
Be careful  
Be cheerful  
Be clear  
Be confident  
Be consistent  
Be constructive  
Be courteous  
Be decisive  
Be diligent  
Be direct  
Be encouraging  
Be fair  
Be firm  
Be forgiving  
Be friendly  
Be genuine  
Be helpful  
Be honest  
Be instructive  
Be just  
Be kind  
Be a listener  
Be optimistic  
Be patient  
Be pleasant  
Be polite  
Be positive  
Be prepared  
Be prompt  
Be reasonable  
Be respectful  
Be responsible  
Be sincere  
Be structured  
Be supportive  
Be thoughtful  
Be understanding

Be vigilant  
Be watchful  
Be zestful

Post rules  
Explain rules  
Document violations  
Enforce rules

### Don'ts

Assume  
Argue  
Beg  
Belittle  
Embarrass  
False promises  
Guilt  
Harass  
Ignore  
Lie  
Nag  
Power struggles  
Provoke  
Revenge  
Ridicule  
Strike a child  
Tease  
Threaten  
Use profanity  
Use put-downs  
Use sarcasm  
Yell  
Be afraid to apologize

Know and address children by their names.  
Treat each day as a new day.  
Maintain a good sense of humor

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