

“...young people learn best when they are engaged with their heads and hearts, and where they have real choice in the situations in which they are involved.”



Source: Pittman, K.J., Irby, M., Tolman, J., Yohalem, N., & Ferber, T. (2001). *Preventing problems, promoting development, encouraging engagement: Competing priorities or inseparable goals?* Takoma Park, Maryland: Forum for Youth Investment.