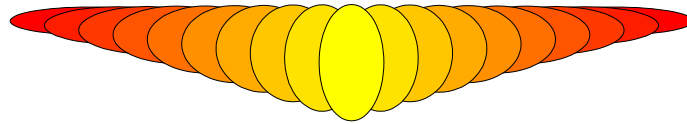


**Things I wish I had learned as a child
and I am glad I have learned since.**



- 1. No one is perfect.**
- 2. Mistakes are not bad.**
- 3. Feelings are okay.**
- 4. Feelings don't control behavior, I do.**
- 5. I am responsible for my own happiness.**
- 6. I am responsible for what I do.**
- 7. People cannot control me, I allow it.**
- 8. I cannot control people, they allow it.**
- 9. I don't have to be good, right or perfect to be okay.**
- 10. Life can be fun, enjoyable and exciting.**

Author Unknown