

The Optimist Creed

Promise yourself...

- ☀ To be so strong that nothing can disturb your peace of mind.
- ☀ To talk health, happiness, and prosperity to every person you meet.
- ☀ To make all your friends feel that there is something in them.
- ☀ To look at the sunny side of everything and make your optimism come true.
- ☀ To think only of the best, work only for the best and expect only the best.
- ☀ To be just as enthusiastic about success of others as you are about your own.
- ☀ To forget the mistakes of the past and press on to the greater achievements of the future.
- ☀ To wear a cheerful countenance at all times and give every living creature you meet a smile.
- ☀ To give so much time to the improvement of yourself that you have no time to criticize others.
- ☀ To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.

Optimist International