

Needs of Young Adolescents



- ⇒ Diversity
- ⇒ Self-exploration and self-determination
- ⇒ Meaningful participation in the community
- ⇒ Positive social interaction
- ⇒ Physical activity
- ⇒ Demonstration of competence and achievement
- ⇒ Structure and clear limits

Joan Lipsitz & Gayle Dorman

We give youngsters very few opportunities to feel competent at a time in their lives when they need to feel competent. When we tell them to “act responsibly,” do we only mean take out the garbage?



Joan Lipsitz