



# Characteristics of Confident Children

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**Empowerment:** authority or power to act as you wish

**Hope:** desire accompanied by expectation of fulfillment

**Autonomy:** belief that you have the ability to govern yourself



**Resiliency:** able to bounce back from unsuccessful experiences

**Security:** able to work to potential without worry

**Accomplishment:** sense that you have brought something about by your own efforts



**Recognition:** receive special notice or attention

**Perseverance:** the means to pursue a goal in the face of difficulty, discouragement or opposition

**Enjoyment:** happiness enhances motivation for learning



Creating Confident Children:  
Using Positive Restructuring in your classroom  
2002, Research Press