

Adolescent A, B, and 3 Cs Needs for Social, Emotional, and Academic Growth and for Character Development

- ✿ ***Appreciation:*** Gestures of appreciation are important.
- ✿ ***Belonging:*** Support belonging to groups in which they can relax and are not pressured to perform under stress.
- ✿ ***Confidence:*** Confidence can be eroded when humiliated, by real or exaggerated issues related appearance or relationships, or by teasing and belittling at school or peer group.
- ✿ ***Competence:*** Doing well on assignments and projects, exercising leadership skills, initiating actions, and working effectively in groups are key signs of social, emotional, and academic growth.
- ✿ ***Contributions:*** They want to make contributions to the world that are meaningful and noteworthy, and need a clear sense of how to engage in such endeavors along with opportunities to do so.

