

# Skill 51: Evaluating Your Program

**Evaluation is a prerequisite for successful intervention work.**

## STEPS

## TRAINER NOTES

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|---|--|
| 1. Identify and describe target behavior(s) | Be specific - state excesses & deficits in concrete observable language      |
| 2. Obtain baseline information              | Measure strength-frequency, duration intensity; also use standardized scales |
| 3. Formulate behavioral change goals.       | Establish explicit measurable objectives as criterion for evaluation         |
| 4. Begin ART™ Program                       | Implement and document treatment quality                                     |
| 5. Continue data collection                 | Continuous data gathering of multiple targets and important life measures    |
| 6. Evaluate level of goal attainment        | Compare strength of target behaviors before, during and after.               |
| 7. Report and disseminate results           | Communicate findings to policy-makers, constituents & practitioners          |

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