## A RATIONALE FOR THE BEHAVIORAL MODEL FOR TREATMENT OF STUDENTS IN SCHOOLS WITH EMOTIONAL AND BEHAVIORAL DISIORDERS

## SHELDON BRAATEN

## The behavioral model...

- is focused on <u>learning</u> (not a disease) learning is the business of schools;
- is an <u>optimistic</u> model everyone learns and can be taught. There is no need to seek a cure;
- is <u>prescriptive</u> (vs. classification) there is no need for labels.
- is <u>value-free</u> (a process) it does not legitimate maladaptive behaviors;
- is <u>measureable</u> (direct observation) assists with treatment plans and making adjustments, reinforces success and provides accountability;
- is <u>efficacious</u> there may be multiple routes to a treatment goal, but time is an important factor in the remedial development students with EBD;
- is <u>parsimonious</u> a standard of science;

## and,

• <u>can be taught</u> to, and be used effectively by most people (including paraprofessionals and parents) without extensive formal training.