

Behavioral Clues

Anger – Stress



Physical Appearance

- Turning red
- Clenching fists
- Staring
- Biting or trembling lips
- Walking in circles, pacing or spinning
- Hyperventilating
- Stomping feet
- Self-injury biting hand, slapping self etc

Body Messages

- Failing to make eye contact
- Listless posture, withdrawal
- Excessive body movements

Verbalizations

- Talking loudly
- Laughing
- Cursing
- Crying
- Talking excessively or about unusual topics
- Threatening, teasing
- Criticizing, complaining

Property Abuse



- Slamming doors
- Beating or hitting with an object
- Turning over chairs or tables
 - Breaking pencils, crayons
 - Tearing materials



