

# **Behavioral Clues**

**Anger – Stress** 



# **Physical Appearance**

- Turning red
- Clenching fists
- Staring
- Biting or trembling lips
- Walking in circles, pacing or spinning
- Hyperventilating
- Stomping feet
- Self-injury biting hand, slapping self etc

## **Body Messages**

- Failing to make eye contact
- Listless posture, withdrawal
- Excessive body movements

## Verbalizations

- Talking loudly
- Laughing
- Cursing
- Crying
- Talking excessively or about unusual topics
- Threatening, teasing
- Criticizing, complaining

## **Property Abuse**



- Slamming doors
- Beating or hitting with an object
- Turning over chairs or tables
  - Breaking pencils, crayons
  - Tearing materials



