

# Restraint Rules

## Children's Psychiatric Residential Treatment Centers

Federal rules May 22, 2001

### General Requirements

[children and youth under 21 in]...facilities providing "inpatient psychiatric services under the Medicaid program, have the **right to be free from restraint or seclusion** as a means of coercion, discipline, convenience or retaliation. Specifically:

- ✿ **Restraint and seclusion may only be used to ensure the safety of the resident or others during an emergency safety situation.**
- ✿ **The restraint or seclusion must terminate when the emergency safety situation has ended and the safety of both the resident and others can be ensured, notwithstanding time remaining on orders.**
- ✿ **The least restrictive emergency safety intervention likely to be effective (based on consultation with the staff) must be used. Written standing orders or "as-needed" orders are prohibited. Also prohibited is the simultaneous use of restraint and seclusion.**