

## ABC SYMPTOMS CHECKLIST

Source unknown, n.d.

- Apathy, underactive, no initiative, slow
- Asthma
- Attention demanding
- Bizarre behavior
- Breathing difficulty
- Can't concentrate, distractible
- Complains no one loves him, feels rejected
- Compulsions, ritualistic behavior
- Confused
- Constipation
- Cruelty, bullying, meanness
- Crying
- Daydreaming, excessive fantasy
- Depression, unhappiness, sadness
- Destructive
- Diarrhea
- Drug usage (alcohol, etc.)
- Encopresis, soiling
- Enuresis, wetting
- Excessive talking
- Fainting
- Fantastic thinking, delusions, hallucinations
- Fearful, anxious
- Fears own impulses
- Feelings of worthlessness, inferiority
- Fighting, assault, physically aggressive
- Fire-setting
- Glue-sniffing, addictions
- Headaches
- Ideas of reference, feels persecuted
- Inadequate guilt feelings
- Inappropriately indifferent e.g. to physical complaints
- Infantile behavior
- Insomnia
- Loneliness
- Loudness
- Lying, cheating
- Masochism, self-harm, suicidal
- Moodiness, rapid change of mood
- Nail-biting
- Nausea, feels sick
- Negativistic, stubborn, sullen, irritable
- Nervous, high strung
- Nightmares
- Obese
- Obsessions
- Overeating
- Overtired, fatigued drowsy
- Pains, physical complaints
- Phobias, fears
- Picking nose, skin, etc.
- Poor motor coordination
- Poor peer relations, rejected by peers
- Poor school work
- Punishes self
- Quarrelsome
- Refusing to eat, not eating well
- Refusing to talk, mute
- Restless, hyper active
- Running away
- Seclusive
- Self-conscious
- Sexual delinquency, incest
- Sexual perversions, exposing self
- Sexual preoccupation, precociousness
- Showing off
- Shy, timid, submissive
- Skin eruptions
- Sleepwalking
- Smearing feces
- Stealing
- Stomachache, cramps
- Stuttering, speech problem
- Suspicious
- Swearing
- Teasing
- Temper tantrums
- Threatening people
- Thumb sucking
- Truancy
- Tics, trembling, shaking
- Vandalism
- Visual disturbance
- Vomiting
- Whining
- Withdrawn
- Worrying